

TEAM RELAY:

Runner Distances, Shuttle & Exchange Locations

| RELAY LEG | LEG START | LEG END | EXCHANGE ZONE |
|--|---|--|--|
| 1st Runner ~5.5 miles Through downtown Hartford and along the west bank of the Connecticut River through the picturesque Riverfront Park | Marathon Starting Line No Transportation to Start | Hartford Club, 46 Prospect Street No Transportation to Return (3 blocks from Park) | Exchange to 2 nd Runner at The Hartford Club, 46 Prospect Street, Hartford Exchange Point #1 – (Mile 5.5) |
| 2nd Runner ~5.6 miles Over the Founders Bridge, along the east bank of the Connecticut River through Great River Park, and into East Hartford | Hartford Club, 46 Prospect Street No Transportation to Start (3 blocks from Park) | Saavi's Restaurant, Main Street, East Hartford Return Shuttle Provided | Exchange to 3 rd Runner at Saavi's Restaurant, Main Street, East Hartford Exchange Point #2 – (Mile 11.1) |
| 3rd Runner ~3.1 miles From Main Street in East Hartford out to the scenic and historic old Main Street of South Windsor | Saavi's Restaurant, 1555 Main Street, East Hartford Shuttle Provided | Main Street (Northbound) @ Chapel Street, South Windsor Return Shuttle Provided | Exchange to 4 th Runner at Main Street (Northbound) @ Chapel Street, South Windsor Exchange Point #3 – (Mile 14.2) |
| 4th Runner ~6.3 miles Begins and ends @ Chapel Road and Main Street, and runs out and back along historic Old Main Street | Main Street (Northbound) @ Chapel Street, South Windsor Shuttle Provided | Main Street (Southbound) @ Chapel Street, South Windsor Return Shuttle Provided | Exchange to 5 th Runner Main Street (Southbound) @ Chapel Street, South Windsor Exchange Point #4 – (Mile 20.5) |
| 5th Runner ~5.7 miles From the country to the city, this leg quickly leaves South Windsor, travels through East Hartford, and back over the Connecticut River into Downtown Hartford | Main Street (Southbound) @ Chapel Street,, South Windsor Shuttle Bus Provided | Marathon Finish Line | |

Departing Bushnell Park

- All shuttle buses will leave from Hudson Street, near Pulaski Circle, on the Southeast Corner of Bushnell Park at 7:45 AM (**which is before the Start of the Marathon & Half Marathon**). Runners who miss their bus will be responsible for providing their own transportation to the Exchange Points in East Hartford and South Windsor.
- Buses will be designated either:
 - **East Hartford** – 3rd Leg Runners ONLY going to Exchange Point #2 (**OR**)
 - **South Windsor** – 4th Leg & 5th Leg Runners going to Exchange Points #3 & #4

Returning to Bushnell Park (Buses will only depart once they are full)

- Buses leave Exchange #2 to return to Bushnell Park roughly between **9:30 AM & 10:30 AM**
- Buses leave Exchanges #3-4 to return to Bushnell Park roughly between **11:00 AM & 12:30 PM**

*** There is no bus transportation between Exchange Zones, only to & from Bushnell Park.**