



TEAM RELAY INFORMATION

Not up for 26.2 miles? The Team 26.2 Relay is run simultaneously with the Eversource Hartford Marathon on the same course. The Relay consists of the following five legs:

LEG	DISTANCE	TERRAIN	CITY	COURSE DESCRIPTION
1	~5.5 miles	Rolling	Hartford	Through downtown Hartford and along the west bank of the Connecticut River through Riverfront Park
2	~5.6 miles	Rolling	Hartford East Hartford	Over the Founders Bridge, along the east bank of the Connecticut River through Great River Park, and through the heart of East Hartford
3	~3.0 miles	Flat	East Hartford South Windsor	From Main Street in East Hartford out to the scenic and historic old Main Street of South Windsor
4	~6.4 miles	Flat	South Windsor	Begins and ends near the intersection of Chapel Road and Main Street, and runs up and back along a historic old Main Street
5	~5.7 miles	Rolling	South Windsor East Hartford Hartford	From the country to the city, this leg quickly leaves South Windsor, travels through East Hartford, and back over the Connecticut River into downtown Hartford

Team Relay Information

- Teams may have 2, 3, 4 or 5 members.
- Each member must run at least one complete leg.
- Any one member may run up to 4 consecutive legs.
- The minimum age requirement to compete in the Team Relay is **12**.
- At each exchange point, relay team members must touch their team member to signal the start of their leg.
- **DO NOT** leave the exchange point before your teammate arrives.

B-TAG Timing * IMPORTANT *****

- Each Relay Team will have one (1) B-TAG Bib which must be worn **ONLY** by the **TEAM MEMBER** who will be **CROSSING THE FINISH LINE (LEG 5)**.
- All members of a Relay Team will have the same Race Number

Live Athlete Tracking

Relay participants must carry mobile device & download RaceJoy for GPS tracking to work

Live FREE athlete tracking through RaceJoy. Track your teammates as they travel the course, and know when to be ready at the exchange zone! GPS tracking available on mobile devices. Download the RaceJoy app in the App store and follow the prompts.

Divisions

Division is determined by age of youngest team member.

- **Open** – youngest member under 40
- **Masters** – youngest member over 40
- **Men/Women/Mixed Categories** in each division

Marathon Runners Who Are Part of a Relay Team

- You may **ONLY** run Leg #1 (or consecutive Legs beginning with Leg 1).
- Wear only Bib Number and B-Tag corresponding to your individual Marathon entry.
- You do not need to wear your Relay Number Bib.
- Your Team Member may not leave the Exchange Zone until you arrive.
- You must cross the Finish Line with your individual Marathon Bib Number and B-Tag.

Half Marathon Runners

- **MAY NOT** participate in the Marathon Relay, since the courses diverge prior to Exchange Point #1.

Exchange Zones

- #1 Located on Prospect Street, in front of the Hartford Club, not far from the Old State House in Hartford.
 - #2 Located near Savvi's Restaurant, at the intersection of Prospect Street and Main Street in East Hartford.
 - #3 Located near the intersection of Chapel Road & Main Street in South Windsor.
 - #4 Located near the intersection of Chapel Road & Main Street in South Windsor.
- Water and Port-O-Lets will be provided near all Exchange points.

Shuttle Bus Transportation

- Shuttle Bus Transportation is provided from Fishman Plaza to and from the Exchange Points in East Hartford and South Windsor. There is no Shuttle Bus service between any Exchange Points. (See Shuttle Bus Transportation Information below).
- **NO TRANSPORTATION is available to / from Exchange Point #1 on Prospect Street.**
 - Leg 1 Runners must walk 4 blocks back to Bushnell Park from this Exchange Zone.
 - Leg 2 Runners must walk the 1 block from Fishman Plaza to this Exchange Zone.

LEG	DISTANCE	SHUTTLE BUS	EXCHANGE ZONE
1	~5.5 miles	No Transportation Start at the Marathon Start Line	Start Line – (Mile 0.0) State Capitol Building (South Side of Bushnell Park) – Hartford
2	~5.6 miles	No Transportation To/From This Exchange Point Walk down the east steps of Fishman Plaza to the exchange zone. Hartford Club, 46 Prospect Street in Hartford	Exchange Point #1 – (Mile 5.5) Under the Travelers building overhead walkway on Prospect Street, in front of the Hartford Club (just before Grove St.) – Hartford
3	~3.0 miles	Shuttle Bus From Fishman Plaza in Hartford to the corner of Prospect Avenue & Main Street in East Hartford	Exchange Point #2 – (Mile 11.1) Prospect Avenue & Main Streets (Savvi's/ St. Mary's Church) – East Hartford
4	~6.4 miles	Shuttle Bus From Fishman Plaza in Hartford to the corner of Rt. 5 & Chapel St. in South Windsor	Exchange Point #3 – (Mile 14.2) Chapel St. & Main St. South Windsor (Northbound)
5	~5.7 miles	Shuttle Bus From Fishman Plaza in Hartford to the corner of Rt. 5 & Chapel St. in South Windsor	Exchange Point #4 – (Mile 20.5) Chapel & Main St. – South Windsor (Southbound)

Departing Fishman Plaza at the Travelers Tower

- All shuttle buses will leave from Fishman Plaza, (corner of Main Street & Athenaeum Square) at 7:45 AM (**which is before the Start of the Marathon & Half Marathon**). Runners who miss their bus will be responsible for providing their own transportation to the Exchange Points in East Hartford and South Windsor.
- Buses will be designated either:
 - **East Hartford** – Leg 3 Runners ONLY going to Exchange Point #2 (**OR**)
 - **South Windsor** – Leg 4 & 5 Runners going to Exchange Points #3 & #4.

Returning to Fishman Plaza (Buses will only depart once they are full)

- Buses leave Exchange #2 to return to Bushnell Park roughly between **9:30 AM & 10:30 AM**
- Buses leave Exchanges #3-4 to return to Bushnell Park roughly between **11:00 AM & 12:30 PM**

* There is no bus transportation between Exchange Zones, only to & from Fishman Plaza.

Relay Exchange Bus Pick Up Location – Hartford

Fishman Plaza, Athenaeum Square, Hartford, CT 06183

From Fishman Plaza (purple “SB” in map below):

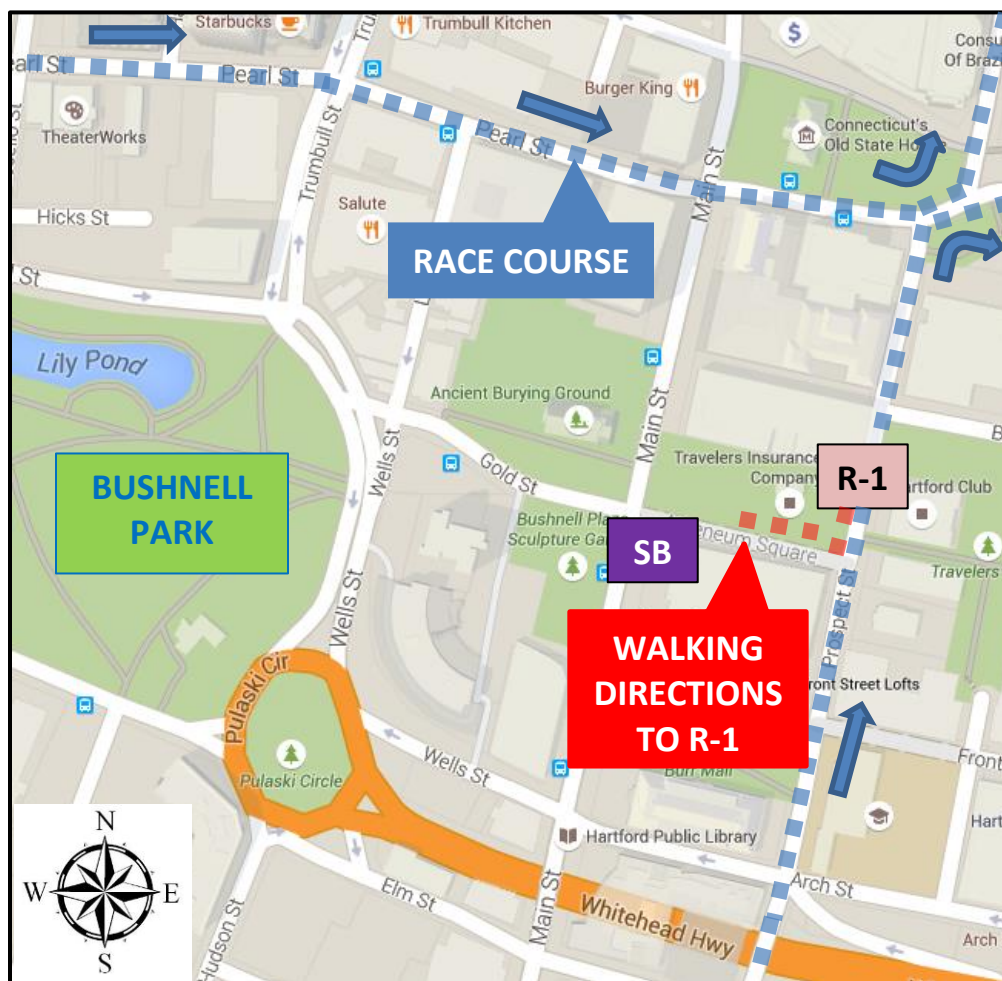
- Exit the park in the southeast corner.
- Buses will be lined up on Main Street at Athenaeum Square. All buses will leave at 7:45 AM.

Walking Directions to Exchange Zone #1 Locations – Hartford

The Hartford Club, 46 Prospect Street, Hartford, CT 06103

From Team Relay Meeting Area (Red Line indicated in map below):

- Exit the Fishman Plaza on the northeast corner.
- Relay Exchange Zone #1 will be directly in front of you, under the Traveler’s Building Overhang.



Driving Directions to Exchange Zones #2 – East Hartford

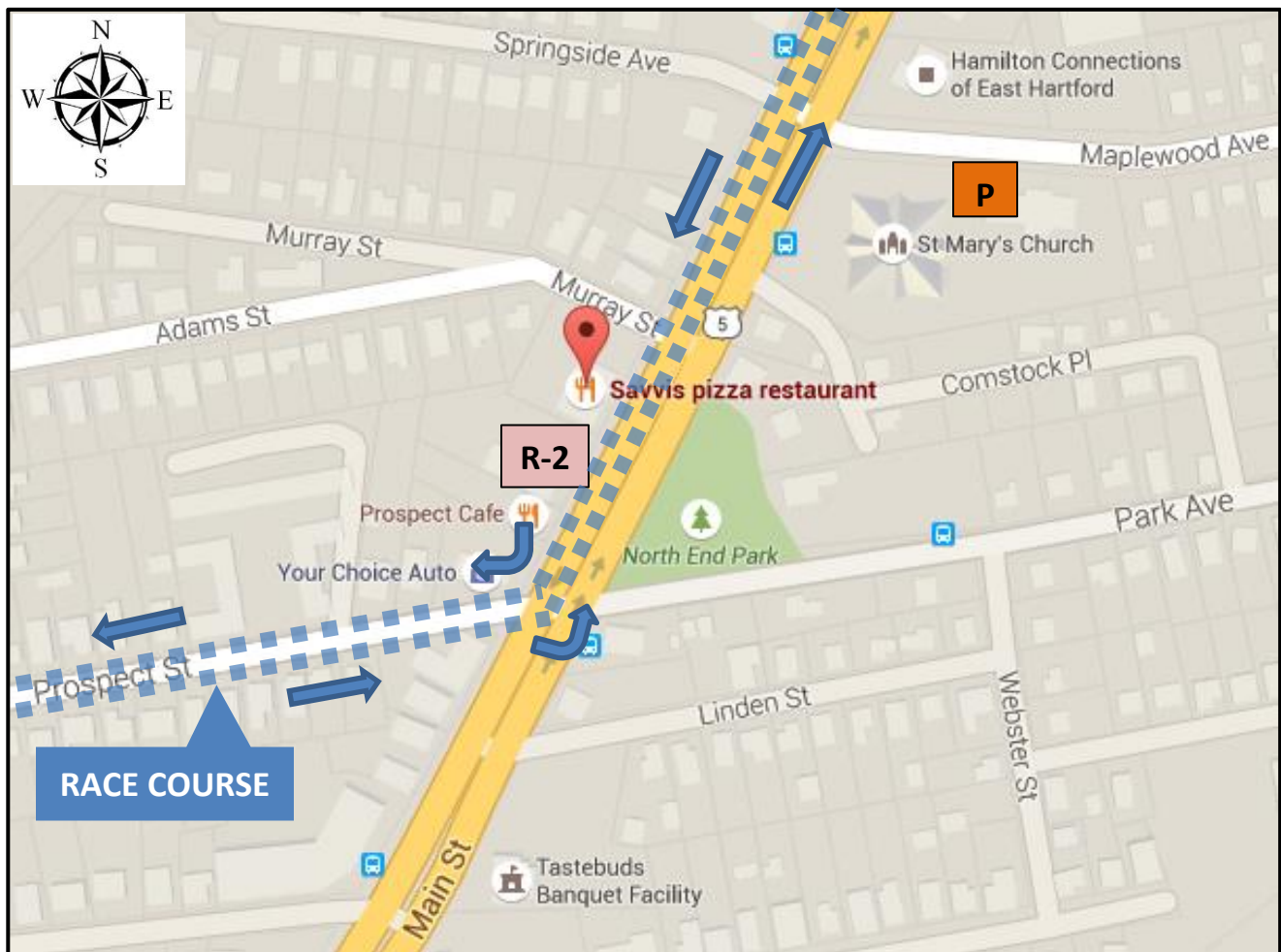
Savvi's Pizza Restaurant, 1555 Main Street, East Hartford, CT 06108

From Hartford:

- Take I-91 North.
- Take Exit 35A (follow signs for I-291 East/Manchester)
- Just after crossing the Bissell Bridge, take Exit 4 (Rt. 5)
- Right at the Traffic Light onto Rt. 5 South – John Fitch Blvd.
- Turn Left onto Maplewood Avenue, and park in the lot on the left side of the street across from St. Mary's Church.

Relay Parking Notes:

- Rt. 5 (Ellington Road) becomes the marathon course just after the intersection with King St. There will be 2-way traffic on the East Side of Main Street after this point, which may make the Left turn onto Maplewood Avenue difficult.
- There will be NO RELAY RUNNER PARKING at Savvi's Restaurant, and no cars may cross the race course to park on the West Side of Main Street.
- Please wait for the Crossing Guard to assist you in crossing Main Street at the crosswalk in front of St. Mary's Church.



Driving Directions to Exchange Zones #3 & #4 – South Windsor

Intersection of Chapel Road and Main Street, South Windsor, CT 06074

From Hartford:

- Take I-91 North.
- Take Exit 35A (follow signs for I-291 East/Manchester)
- Just after crossing the Bissell Bridge, take Exit 4 (Rt. 5)
- Left at the Traffic Light onto Rt. 5 North – John Fitch Blvd.
- Follow John Fitch Boulevard through 2 Traffic Lights.
- Then take a Left at the 2nd Median cut, across the Southbound Lane of Route 5 into the MESTEK Parking Lot (#515 John Fitch Blvd.).

Relay Parking Notes:

- There is NO RELAY RUNNER PARKING ON CHAPEL ROAD or in the MARTIN MOTORS parking lot.

