



TEAM RELAY INFORMATION

Not up for 26.2 miles? The Team 26.2 Relay is run simultaneously with the Eversource Hartford Marathon on the same course. The Relay consists of the following five legs:

LEG	DISTANCE	TERRAIN	CITY	COURSE DESCRIPTION
1	~5.5 miles	Rolling	Hartford	Through downtown Hartford and along the west bank of the Connecticut River through Riverfront Park
2	~5.7 miles	Rolling	Hartford East Hartford	Over the Founders Bridge, along the east bank of the Connecticut River through Great River Park, and through the heart of East Hartford
3	~2.8 miles	Flat	East Hartford South Windsor	From Main Street in East Hartford out to the scenic and historic old Main Street of South Windsor
4	~6.1 miles	Flat	South Windsor	Begins and ends near the intersection of Chapel Road and Main Street, and runs up and back along a historic old Main Street
5	~6.1 miles	Rolling	South Windsor East Hartford Hartford	From the country to the city, this leg quickly leaves South Windsor, travels through East Hartford, and back over the Connecticut River into downtown Hartford

Team Relay Information

- Teams may have 2, 3, 4 or 5 members.
- Each member must run at least one complete leg.
- Any one member may run up to 4 consecutive legs.
- The minimum age requirement to compete in the Team Relay is **12**.
- At each exchange point, relay team members must pass their ankle timing chip to their team member to signal the start of their leg.
- **DO NOT** leave the exchange point before your teammate arrives.

ANKLE TAG Timing * IMPORTANT *****

- Each Relay Team will have one (1) Ankle Timing Tag which must be passed from each team member to signal the start of the next leg
- The Ankle Timing Tag allows for relay teams to have a net time and course timing splits
- All members of a Relay Team will receive a race BIB with the same Race Number

Athlete Tracking

Real-time athlete tracking updates via Chronotrack through text alerts. Athletes or spectators can search and select by athlete name, team name, or bib number and receive real-time updates with course time and pace from throughout the race course and the finish line.

Divisions

Division is determined by age of youngest team member.

- **Open** – youngest member under 40
- **Masters** – youngest member over 40
- **Men/Women/Mixed Categories** in each division

Marathon Runners Who Are Part of a Relay Team

- You may ONLY run Leg #1 (or consecutive Legs beginning with Leg 1).
- Wear only Bib Number and B-Tag corresponding to your individual Marathon entry.
- You MUST pass the Ankle Timing Tag to the next relay member, but do not need to wear your Relay Number Bib.
- Your Team Member may not leave the Exchange Zone until you arrive.
- You must cross the Finish Line with your individual Marathon Bib Number and B-Tag.

Half Marathon Runners

- **MAY NOT** participate in the Marathon Relay, since the courses diverge prior to Exchange Point #1.

Exchange Zones

- #1 Located on Prospect Street, adjacent to Burr Mall in Hartford.
 - #2 Located near Savvi's Restaurant, at the intersection of Prospect Street and Main Street in East Hartford.
 - #3 Located near the intersection of Chapel Road & Main Street in South Windsor.
 - #4 Located near the intersection of Chapel Road & Main Street in South Windsor.
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- Water and Port-O-Lets will be provided near all Exchange points.

Shuttle Bus Transportation – ALL BUSES LEAVE BY 8:20 AM

- Shuttle Bus Transportation is provided from Burr Mall to and from the Exchange Points in East Hartford and South Windsor. There is no Shuttle Bus service between any Exchange Points. (See Shuttle Bus Transportation Information below)
- **NO TRANSPORTATION is available to & from Exchange Point #1 on Prospect Street.**
 - Leg 1 Runners must walk 4 blocks back to Bushnell Park from this Exchange Zone.
 - Leg 2 Runners must walk ~1 block from Burr Mall to this Exchange Zone.

LEG	DISTANCE	SHUTTLE BUS	EXCHANGE ZONE
1	~5.5 miles	No Transportation Start at the Marathon Start Line	Start Line – (Mile 0.0) State Capitol Building (South Side of Bushnell Park) – Hartford
2	~5.7 miles	No Transportation To/From This Exchange Point Walk out the east side of Burr Mall onto Prospect Street to the exchange zone	Exchange Point #1 – (Mile 5.5) On Prospect Street, adjacent to Burr Mall (just before Atheneum Square) – Hartford
3	~2.8 miles	Shuttle Bus From Burr Mall in Hartford to the corner of Prospect Avenue & Main Street in East Hartford	Exchange Point #2 – (Mile 11.2) Prospect Avenue & Main Streets (Savvi's Pizzaf) – East Hartford
4	~6.1 miles	Shuttle Bus From Burr Mall in Hartford to the corner of Rt. 5 & Chapel St. in South Windsor	Exchange Point #3 – (Mile 14.0) Chapel St. & Main St. South Windsor (Northbound)
5	~6.1 miles	Shuttle Bus From Burr Mall in Hartford to the corner of Rt. 5 & Chapel St. in South Windsor	Exchange Point #4 – (Mile 20.1) Chapel & Main Sft. – South Windsor (Southbound)

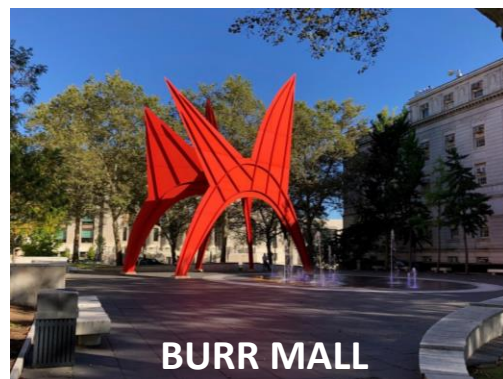
Departing Burr Mall, Prospect Street, Hartford

- All shuttle buses will leave from Burr Mall, (corner of Prospect Street & Bob Steele Street) **by 8:20 AM**. Runners who miss their bus will be responsible for providing their own transportation to the Exchange Points in East Hartford and South Windsor.
- Buses will be designated either:
 - **EXCHANGE POINT 2: SAAVI'S PIZZA** – Leg 3 Runners ONLY going to Exchange Point #2 (**OR**)
 - **EXCHANGE POINT 3 & 4: CHAPEL ST & MAIN ST** – Leg 4 & 5 Runners going to Exchange Points #3 & #4.

Returning to Burr Mall (Buses will only depart once they are full)

- Buses leave Exchange #2 to return to Burr Mall roughly between **9:30 AM & 10:30 AM**
- Buses leave Exchanges #3-4 to return to Burr Mall roughly between **11:00 AM & 12:30 PM**

*** There is no bus transportation between Exchange Zones, only to & from Burr Mall.**



Relay Exchange Bus Pick Up Location – Hartford

Adjacent to Burr Mall, corner of Bob Steele Street & Prospect Street, Hartford, CT 06183

From Burr Mall (**purple “SHUTTLE BUSES”** in map below):

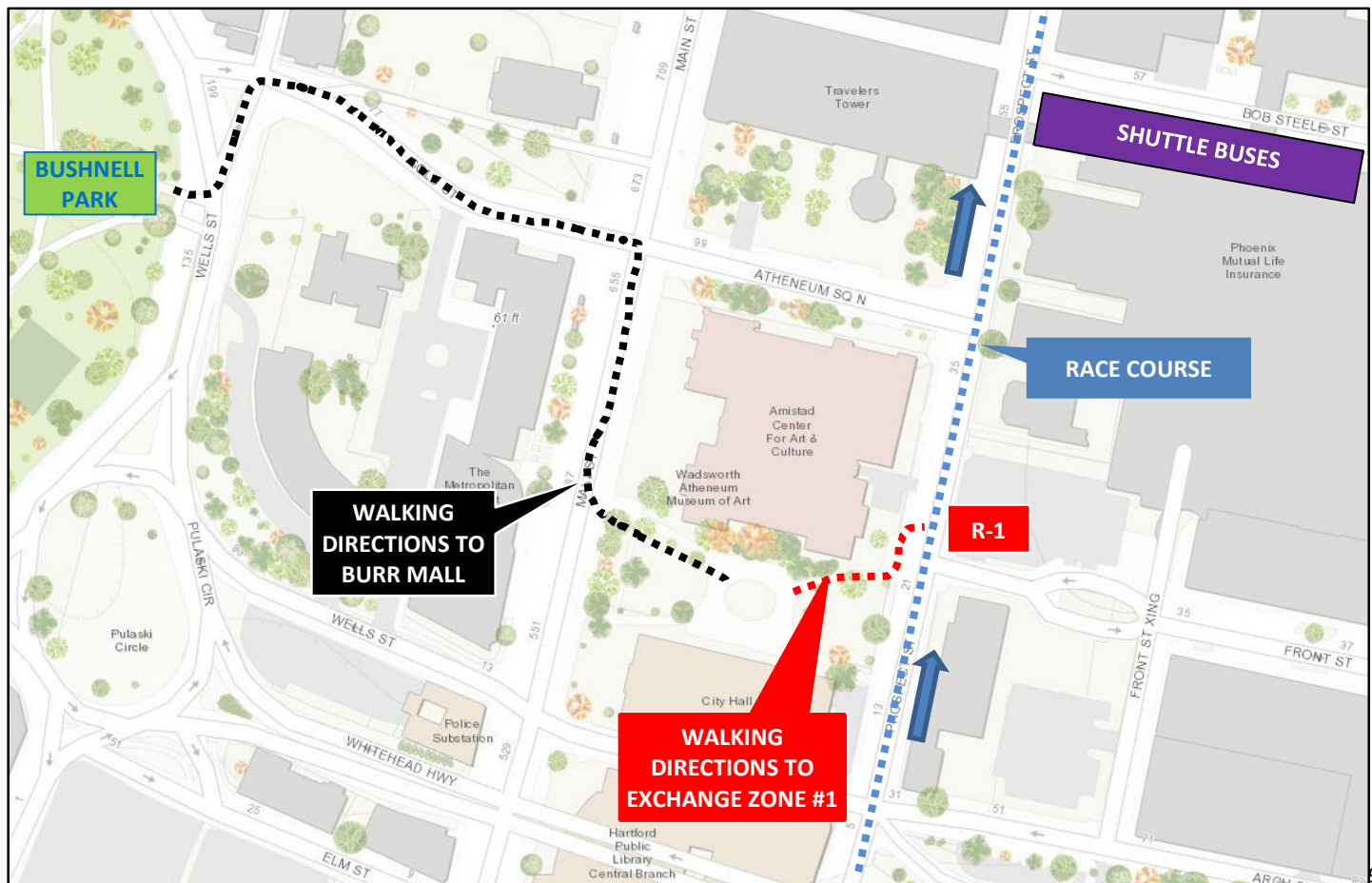
- Exit the Burr Mall in the northeast corner, head north along Prospect Street
- Buses will be lined up on Bob Steele Street, at the intersection with Prospect Street
- **All buses will leave at 8:20 AM.**

Walking Directions to Exchange Zone #1 Locations – Hartford

Prospect Street, Hartford, CT 06103

From Team Relay Meeting Area (**Red Line** indicated in map below):

- Exit the Burr Mall in the northeast corner
- Relay Exchange Zone #1 will be directly in front of you.



Driving Directions to Exchange Zones #2 – East Hartford

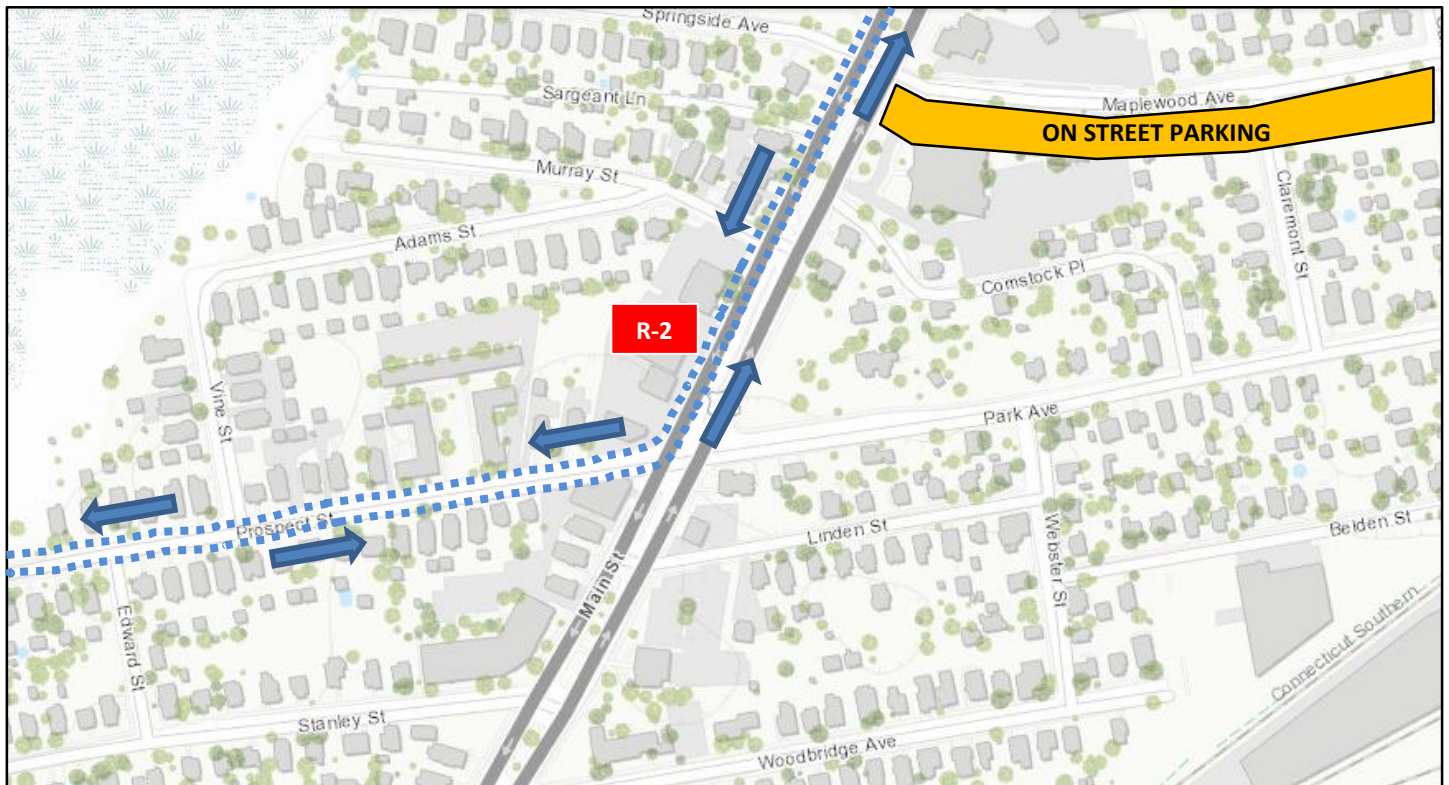
Savvi's Pizza Restaurant, 1555 Main Street, East Hartford, CT 06108

From Hartford:

- Take I-91 North.
- Take Exit 35A (follow signs for I-291 East/Manchester)
- Just after crossing the Bissell Bridge, take Exit 4 (Rt. 5)
- Right at the Traffic Light onto Rt. 5 South – John Fitch Blvd.
- Turn Left onto Maplewood Avenue, and park along the street.

Relay Parking Notes:

- Rt. 5 (Ellington Road) becomes the marathon course just after the intersection with King St. There will be 2-way traffic on the East Side of Main Street after this point, which may make the Left turn onto Maplewood Avenue difficult.
- There will be NO RELAY RUNNER PARKING at Savvi's Restaurant, and no cars may cross the race course to park on the West Side of Main Street.
- Please wait use the cross walk in front of St. Mary's Church to cross Rt. 5



Driving Directions to Exchange Zones #3 & #4 – South Windsor

Intersection of Chapel Road and Main Street, South Windsor, CT 06074

From Hartford:

- Take I-91 North.
- Take Exit 35A (follow signs for I-291 East/Manchester)
- Just after crossing the Bissell Bridge, take Exit 4 (Rt. 5)
- Left at the Traffic Light onto Rt. 5 North – John Fitch Blvd.
- Follow John Fitch Boulevard through 2 Traffic Lights.
- Then Left on Chapel Street.

Relay Parking Notes:

- There is NO RELAY RUNNER PARKING in the MARTIN MOTORS parking lot.

